

CANADA-CUBA STUDENT CHEF ENCUENTRO 2012

February 20 – 27, 2012

(subject to minor changes)

DAY 1 - MONDAY: VARADERO:

Morning:

Pick up at Varadero airport, check into Club Amigo 3 * hotel (AI)
Orientation meeting with Canadian students (Ian and Andrew)
Lunch at the hotel

Afternoon:

Meet with Cuban chefs and students at Casa del Chef VRA
Presentation by Cuban Culinary Assn
Plan joint cooking experience with students
Return to hotel for a swim before dinner

Dinner at hotel or local paladar...

DAY 2 – TUESDAY: VARADERO – CIENFUEGOS

Morning:

Go with Cuban students to farmers market
Spend morning cooking together at Casa del Chefs
Shared lunch

Afternoon:

Depart for Cienfuegos
Arrive and check into hotel Jagua

Dinner at hotel

DAY 3- WEDNESDAY: CIENFUEGOS

Morning

Farm visit
Farm Lunch (Hopefully)

Afternoon

Meet with chefs and students at Cienfuegos Casa del Chefs
Orientation and planning

Dinner at local paladar

Visit local CDR

DAY 4 – THURSDAY: CIENFUEGOS - TRINIDAD

Morning

Farmers markets to buy supplies
Spend morning cooking with Cuban chefs and students
Lunch with students and chefs

Afternoon

IF casas particulares or Costa Sur available, depart for Trinidad.
Dinner at local paladar and dancing in the streets
IF NOT – stay at Jagua one more night; dinner at hotel.

DAY 5 – FRIDAY: TRINIDAD - HABANA

Morning

Breakfast then check out of hotel
Take army trucks, to Topes de Collante, La Codina for nature hike
Roast pig lunch

Afternoon:

Return to meet bus for drive to Havana
check into Vedado hotel

Dinner at Huron Azul

DAY 6 – SATURDAY: HABANA

Morning PLANNED

Early morning visit to medicinal plant organopónico 5ta e/ 110 y 112.
Visit to Alamar
Visit to school of hospitality (if possible)
Lunch in old Havana, - explore or go to craft market

Afternoon

Meet with Cuba chefs and students at Casa del Chef restaurant
Orientation and planning for dinner (PERHAPS black box competition)

Pizza with Cuban culinary students followed by optional social evening

DAY 7 – SUNDAY: HABANA

Morning

8 am visit to Havana farmers market 19 & B
Free morning to explore
lunch on their own

Afternoon

Meet at casa del chefs in early afternoon for dinner preparation

Final dinner with Cuban chefs and students

DAY 8 – MONDAY: HABANA - VARADERO

Morning

Transfer to Varadero for flight home

Includes:

- Accommodation and meal plan described
- Excursion to Codina with lunch
- Transportation in AC bus
- Bilingual guide service
- Transfers in and out

Not included by Cuba Natura:

- One lunch (Sunday)
- Beverages
- Airport departure tax (\$25)