



## Youth Gardening Project

Working with the earth...growing our own food...learning about the environment...donating to charity...12 weeks of getting our hands dirty at Terra Nova Gardens!

Through collaboration with Ian Lai, founder of the Terra Nova Schoolyard Project, youth will have the opportunity to plant, cultivate and harvest fruits and vegetables, eat what they have grown and donate the remainder to the Food Bank.

Terra Nova Schoolyard Project will provide the Youth Gardening Project with one or two gardening plots to work on. Over the course of twelve weeks, youth will plant and germinate seeds and tend to their patch while learning about gardening, ecology and food experientially. As the fruit and vegetables ripen, they will be harvested and the youth will learn how to prepare meals using ingredients from their garden. What food the youth cannot eat themselves, they will donate to the Food Bank. This will take place on a group trip we make to the Food Bank, where youth will be able to witness first-hand where their donations are going.

As a program offered through the Youth Services division of the City of Richmond's Parks, Recreation and Culture Department, the Youth Gardening Project is designed to positively influence Developmental Assets in its participants. Youth who join this project will work with a Roving Leader and a professional Chef and Instructor from the Northwest Culinary Academy of Vancouver. Assets this program aims to influence involve positive values and identity and constructive use of time.

**We are looking for youth who enjoy being outdoors and would benefit from interaction with adult mentors and learning about gardening, food and nutrition. Also, they can't be afraid of getting their hands dirty!**

**When: Wednesdays (rain or shine!) April 11 ~ June 27**

- **pick-ups after school, at school**
- **drop-offs at school, between 5:00 and 6:00**

**Please complete the attached Baseline Asset Assessment form and fax it to Erin Rochard at 604-276-4132. If you have any questions, please contact Erin at 604-516-9538 or [erochard@richmond.ca](mailto:erochard@richmond.ca).**